A Monthly Bulletin for the Villages, Gaothans and Koliwadas of Mumbai, Thane, Vasai and Raigad District



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20 YEARS OF SERVICE TO THE COMMUNITY

For Private circulation only

One Vision!

One Voice!

One Village!

www.mobaikar.com

GAOTHAN VOICE FEBRUARY 2024

The East Indian Magazine

Email:eastindianvoice@gmail.com

GAAVO GAAV INTROZE GAZUYA DHANKYAN NACHUYA ANI GAVUYA Let's Celebrate Introze in Every Gaothan

Vol:GV 02/24



East Indian Sann 2024



6th April - East Indian Baazaar @Bandra
20th April - East Indian Sola @Manori
4th May - East Indian Food Festival @Bandra
19th May - East Indians Day @Manori
For Sponsorship, Participation or
more details connect With Us on
WhatsApp - 9820545302

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Monday Closed

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News in Pictures





Marve Gaothan Unites in Joy for 75th Republic Day Celebration and Tele-Games

The spirit of pride and togetherness filled the air as Marve Gaothan celebrated the 75th Republic Day at the community ground. Chimaji Adaav, the Senior Inspector of Malwani Police Station, led a touching flag hoisting ceremony, symbolizing the shared commitment to our nation.

The MGP Marve Unit Team, headed by Corina Pereira and Anita Dsouza and the main supporters Glen D'souza, Jerris D'lima and the rest of the core team played a crucial role in making the event a success. Their hard work brought smiles to everyone present.

The community ground buzzed with excitement, hosting a variety of traditional and tele-games. These activities encouraged friendly competition among residents, showcasing talents and fostering camaraderie.

Dynamic hosts Kingston & Corina Pereira and Jerris D'Lima added charm and wit, keeping the audience entertained with their engaging banter and laughter-inducing moments.

Winners of the games were rewarded with prizes, recognizing their skills and sportsmanship, adding a competitive yet friendly spirit to the event.

Beyond games, the celebration included diverse entertainment, from music to fun-filled activities, bringing joy to all.

The highlight was the united presence of the entire community. Families, friends, and neighbors coming together showcased the strength of unity in Marve Gaothan.

As the sun set on the 75th Republic Day celebration, the memories lingered in the hearts of Marve Gaothan, a testament to the joy that binds the community. This event will be cherished and remembered for years to come.



REPUBLIC DAY 2024 FLAG HOISTING CEREMONY AT JUHU

Flag Hoisted by - Alan Gonsalves

MGP Team organisers - Darryl Gonsalves, Cyrus Misquitta and Gleason Barretto

Compere - Alistair D'Souza

GARAJ Supporting Team - Albert Gomes, Addison Gomes, Renuka Pereira and Duffy Pereira

MGP Juhu Unit and GARAJ thank all residents present at the flag Hoisting Ceremony.



MGP NOTICE BOARD



The Announcement for the East Indian Community

MOBAI GAOTHAN PANCHAYAT - 10 MGP Projects to look out for in 2024 Celebrating East Indian Culture Together





JOIN US IN MAKING A DIFFERENCE

- 1.Kaka Baptista East Indian Heritage Garden
- 2. East Indian Sola
- 3. East Indian Calendar 2025
- 4. East Indian Community Awards 2024
- 5. Mobaikar Gaothans Store & Self Help Group
- 6. Gaothan Voice
- 7.East Indian Baazaar
- 8 East Indian Sann
- 9 MGP Publications
- 10.Mee East Indian YouTube Channel & MusEic

As we step into 2024, the Mobai Gaothan Panchayat (MGP) is excited for the year ahead. We're all set to make it a year filled with activities and projects that celebrate the unique heritage of the East Indian community.

Here are some of the things to look forward to in 2024:

- **1. Kaka Baptista East Indian Heritage Garden:** We're getting ready to open the first part of this special garden by the middle of the year.
- 2. East Indian Sola: This is a big community celebration with music, dance, and lots of fun. We're also hosting the Annual East Indian Music Awards (EIMA) as part of it.
- **3. East Indian Calendar 2025:** We'll be announcing the theme soon. Our goal is to make it a must-have in every East Indian home.
- East Indian Community Awards 2024: We'll continue to recognize and honor those who make our community proud.
- **5. Mobaikar Gaothans Store & Self Help Group:** This project, started last year, aims to support and empower our community.
- **6. Gaothan Voice:** Our monthly magazine will keep reaching out to more Gaothans and East Indian families.
- **7. East Indian Baazaar:** We're finding new ways to promote East Indian businesses and give them more visibility.
- 8. East Indian Sann: This is our annual festival with lots of events to celebrate East Indian culture and traditions.
- **9. MGP Publications:** We're planning to release two books—a dictionary of East Indian words and phrases, and a book to raise awareness about our traditional practices.
- **10.Mee East Indian YouTube Channel & MusElc:** Our YouTube channel will have more shows, and we're planning to release at least two music albums.

As MGP extends an open invitation for support and participation from the wider East Indian community, the stage is set for a year of collective action and communal pride. With prayers and perseverance, 2024 holds the promise of being a year where the echoes of East Indian heritage resound louder than ever before.

In unity and resolve, MGP embarks on its mission to Promote, Protect, and Preserve—a clarion call to safeguard the legacy of generations past and chart a course for prosperity in the years to come.

MGP - Promote! Protect! Preserve!

By Joulyn Kenny - Worli

MOBAI GAOTHAN PANCHAYAT

Team Congratulates Chef Freny On Opening An East Indian Themed Restaurant At Bandra



The essence of home intertwines with the magic of culinary flavours at Freny's - a newly launched all day dining and bar by Chef Freny Fernandes. Nestled in the lanes of Bandra, this is more than a restaurant; it's an extension of Chef Freny's home, an intimate journey through her life and celebration of her East Indian roots.

Shop no.11, Silver Pearl building, Waterfield road, Bandra West.

Call: +91 7770014123



EAST INDIAN CALENDAR 2024



The Official Calendar of the East Indian Community

EAST INDIAN CALENDER 2024 TEAM

Ideator & Strategist - Gleason Barretto, Old Kurla

Planning & Administration - Alphi Dsouza, Vakola

Recipe - Sybil Rodrigues, Kalina

Theme details - Joulyn Kenny, Worli & Alefiya Gomes, Kurla

East Indian Liners - Zenobia Gracias, Rathodi

Photo collection - Amarylisa Gonsalves, Juhu

Coordination - Sharon D'Souza, Amboli & Franco Patil, Dharavi

Layout and Design - Shiv Mourya, Juhu - 9930558808

Cover Design - Chrysologus Dmello, Vasai

Printing - Mid-day Infomedia Ltd - 9930591177

Calendar Team

Alphi Dsouza, Vakola
Alefiya Gomes, Old Kurla
Amarylisa Gonsalves, Juhu
Corina Misquitta, Parle
Franco Patil, Dharavi
Gleason Barretto, Old Kurla

Gleason Barretto, Old Kurla Jamaica Dlima, Marve Joulyn Kenny, Worli Rita Rodricks, Bandra Sharon Dsouza, Amboli Sunita Alphonso, Thane Sybil Rodrigues, Kalina

Walter Murzello, Orlem Zenobia Gracias, Rathodi

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MGP Bank Details

Account Name - Mobai Gaothan Panchayat

Bank Name - Bassein Catholic Cooperative Bank, Kalina Branch

Savings Account Number - 032100100000791

IFSC Code - BACB0000032

MGP Contributions are eligible for tax exemptions under 80G

Cheque should favour - Mobai Gaothan Panchayat

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SHIKSHAN



MGPs Education Project

5 Awesome & High-Paying Al Careers to Pursue in 2024 (and Beyond) in India

Ready to test your knowledge on the exciting world of AI careers in India? Dive into our informative article to learn about the top opportunities in this burgeoning field and then challenge yourself with our engaging quiz to see how much you've learned!

In recent years, India has surged as a hub for innovation, with Artificial Intelligence (AI) emerging as a pivotal force propelling growth. Businesses are increasingly turning to AI to streamline operations and make data-driven decisions, spurring a soaring demand for skilled AI professionals. For those eyeing a career in AI in India, here are five lucrative paths to consider:

- 1. Machine Learning Engineer: With companies harnessing ML algorithms to glean insights from vast datasets, ML engineers are in high demand. Indian Institutes of Technology (IITs) like Bombay and Delhi offer specialized programs in AI and computer science, nurturing talent equipped to excel in this role.
- 2. Data Scientist: Unlocking hidden value within data, data scientists employ statistical analysis and machine learning techniques.

 Universities such as the Indian Statistical Institute (ISI) and the Indian Institute of Science (IISc) offer advanced programs in data science, grooming professionals sought after across diverse industries.
- 3. Al Research Scientist: Driving innovation through groundbreaking research, Al scientists delve into areas like neural networks and computer vision. Esteemed institutions like IISc and IIIT Hyderabad provide avenues for pursuing cutting-edge research in Al, requiring a solid foundation in mathematics and computer science.
- **4. Al Solutions Architect:** Crafting tailored Al solutions to meet specific business needs, solutions architects are pivotal in this landscape. Universities like IIIT Bangalore and NIT Trichy offer programs in Al and computer science, nurturing individuals with strong problem-solving skills essential for success.
- 5. Al Ethics and Policy Specialist: As Al's societal impact grows, so does the need for experts in Al ethics and policy. Institutions like the University of Hyderabad and IIITM-Kerala offer courses and research opportunities in this crucial domain, focusing on responsible Al development and deployment.

In conclusion, India's Al landscape offers myriad opportunities for those with the right skills and passion. Whether your interests lie in machine learning, research, or ethics, leveraging resources and programs from top universities can pave the way for a fulfilling career journey in this dynamic field. Stay informed and adaptable as Al continues to evolve, ensuring you remain at the forefront of innovation in 2024 and beyond.

P.S. Remember, the landscape of Al is continuously evolving, so it's essential to stay informed and adapt to the latest advancements in the field. Keep researching and staying updated to seize new opportunities and excel in your Al career journey! Here's a small quiz based on the information provided about Al careers in India:

Which type of engineer	is in high demand as companies uti	lize ML algorithms to analyze va	ast datasets?
a) Data Engineer	b) Machine Learning Engineer	c) Software Engineer	d) Systems Engineer

Which Indian institution offers specialized programs in AI and computer science, nurturing talent for roles like Machine Learning Engineer?

a) Indian Institutes of Technology (IITs)
b) National Institutes of Technology (NITs)
c) Indian Statistical Institute (ISI)
d) Indian Institute of Science (IISc)

What role involves unlocking hidden value within data through statistical analysis and machine learning techniques?
a) Data Scientist b) Al Research Scientist c) Solutions Architect d) Data Engineer

Which institution is known for providing opportunities for pursuing cutting-edge research in AI, focusing on areas like neural networks and computer vision?

a) Indian Institute of Technology (IIT) b) National Institute of Technology (NIT) c) Indian Statistical Institute (ISI) d) Indian Institute of Science (IISc)

What kind of specialist focuses on ensuring that AI systems are developed and deployed responsibly, addressing concerns related to bias, privacy, and accountability?

a) Al Solutions Architect b) Al Ethics and Policy Specialist c) Data Scientist d) Al Research Scientist

Answers:

- b) Machine Learning Engineer
- a) Indian Institutes of Technology (IITs)
- a) Data Scientist
- d) Indian Institute of Science (IISc)

b) Al Ethics and Policy Specialist

By Joulyn Kenny - Worli

GAOTHAN VOICE: FEBRUARY 2024



EAST INDIAN MUSIC AWARDS - EIMA 2024

MGP invites you to share your nominations. Nominate today to see your favorite award recipients. Give your reference to Songs and Singers if additionally needed.

Basis nominations, the MGP MusElc Project Team will finalize taking the inputs from our Music Advisors.

EIMA 2024 - Award Categories

- El Singer of the Year Male
- El Singer of the Year Female
- El Duet of the Year
- El Song of the Year
- El Music Composer of the Year
- El Music Video Song of the Year
- El Brass Band of the Year
- El Competition Band of the Year
- El Music Producer of the Year
- El Child Artiste Song of the Year Male
- El Child Artiste of the Year Female
- El Group Song of the Year
- El Music Lifetime Achievement of the Year

East Indian Voice of the Year

- El Rhythm Player of the Year
- El Blowing Player of the Year Last date to send nominations: 28th February 2024

MOBAI GAOTHAN
PANCHAYAT
projute
EAST INDIAN MUSIC
AWARDS 2024

APRIL 2024

Send your nominations to eastindianvoice@gmail.com or WhatsApp on 9769074802.

Sponsors welcome by cheque or in kind - Award trophies, LED Screens, Video, Sound, Musician, Stalls, Decorators, Backdrop, and other requirements.



Reetin Reevaaz

The East Indian Culture Guide





LETRI- THE EAST INDIAN HERITAGE THEME OF THE MONTH

Talk of East Indian sweets and not mentioning Letri would not be justified. Be it a feast or wedding, Letri is a staple. And we bet you can never stop at one bite.

Although a simple delicacy without anything fancy, Letri has the perfect blend of ingredients that give a burst of taste. The fresh and juicy grated coconut and the melt-in-the-mouth, sweet jaggery perfectly complement the bland yet rich rice noodles. As all these ingredients come together creating a perfect harmony in the mouth, who can resist a second bite?!

WHAT IS LETRI?

Letri is a delicacy made of rice noodles, which are made on a letri ghora. Small balls made of rice flour are boiled and stacked up a letri ghora. Different food color is also added to make it look pleasing. Pressure is applied using a rotating disk, to get strings of rice flour.

Although it sounds simple, it is quite a tedious process. All of the procedure needs to be done the rice flour dough balls are still boiling hot to get the perfect letri noodles. Thus making letri always requires an additional set of hands for assistance.

These noodles are then layered on a big plate or traditionally, a paraat, with freshly grated coconut and roughly chopped jaggery pieces or jaggery powder, nowadays. Like other dishes, the three major ingredients of letri, rice noodles, jaggery, and coconut are not cooked together. Hence all three retain their individual tastes and textures while combining to give the perfect taste.

In olden days, 'Letri Ghoras' were originally made of wood. However, now they are available in copper or stainless steel. Letri is served at joyous occasions such as weddings and feasts, especially Introze.

AAPLAA GAAV! AAPLAA SANN!

East Indians never miss an opportunity to feast and celebrate. Thus, church and gaothan feasts have always been close to the East Indian community. People of the community come together to celebrate and have fun.

In the coming month, between February 15 to March 15, 2024, we do not have any feats that East Indians celebrate, however, the period marks the beginning of lent or korezma.

14TH FEBRUARY - KOREZMA

This year Korezma starts on February 14, 2024, and will end on March 30, 2024. It begins with 'Rakhecha Budhwar' or Ash Wednesday which falls on February 14. During the 40 days or korezma, Catholics fast, repent, and give alms as they prepare for the crucifixion and resurrection of Jesus.

Korezma, the period of 40 days, has multiple other religious events such as Ramacha Paas (Palm Sunday), Khursachi Vaat (Way of the cross), Papiyas and others.

Amarylisa Gonsalves - Juhu



Eintroze 2025



MGPs Revival Project

INTROZE - INTRUZE - INTROSS - INTRUS

The Carnival of the Maharashtra People - East Indian Samaj

- *Like Carnival is celebrated across the world before Ash Wednesday, in East Indian Gaothans its called Introze
- *Celebrations generally starts from the Saturday before Ash Wednesday
- *The celebration used to happen community wise, referred as Gothra and some Gaothans call it Goth.
- *The highlight of the celebration is the community dinner celebrated from Fat Sunday to Package Tuesday
- *This is a festivity before the season lent when many begin 40 days of fasting and abstinence
- *The preparation starts on the morning of the day the celebration is planned
- *On this day only the men folk do all the work and cooking the only dish, mutton khuddi
- *Depending on the size of the Gothra, male goats were slaughtered and a special Introze Khuddi Masala was prepared
- *The Village square was cleaned and made ready for the evening festivities
- *An hour before the Introze dinner, the women dressed in their best would go around the village to the houses where the new bride or recently married couple reside
- *They would have fund and even have chown is of the home brewed drink
- *The would deck the new bride with a gajra of mogra flowers and go the the next house of a newlywed couple and finally proceed to the village square
- *Each family member carried their own plate and bread
- *The people say on mats and were served the mutton khuddi by men
- *After having their dinner, they filed the played with one for serving of mutton khuddi to be taken home and eaten the next day, when the taste of the mutton khuddi be much better
- *Those celebrating on Tuesday had to finish the celebration by 12 midnight as the next day was Ash Wednesday, a day of abstinence
- *This custom still continues in most of the Gaothans
- *Various East Indian Gaothans celebrate this traditional festival in different ways
- *In some. gaothans, local groups organise get together with food, music and fun
- *In some Gaothans, residents bring their own meals and celebrate together like potluck
- *Some have brass bands and special music performances

Gleason Barretto, Old Kurla

INTROZE PARTY

Organised by - MGP Orlem Unit, Date - Wednesday, 7th February 2024 Venue - Bronson's Garden, Tank Colony, Orlem









EAST INDIAN PUNCH



The Mouthpiece of the Mobai Gaothan Panchayat

GAAVO GAAV INTROZE GAZUYA DHANKYAN NACHUYA ANI GAVUYA Let's Celebrate Introze in Every Gaothan

Gleason Barretto, Old Kurla

eeping culture and traditions alive without making too many changes is the need of today's times. We should not deflect from the traditional celebrations and it's relevance. MGP has drafted guidelines for Introze as per traditions and we appeal to each community to follow the same. Introze which is the East Indian Carnival celebration was a great way to get the Village people together as one big family. If the Gaothan is United it can create wonders and give the system a tough time it's decisions are made against the interests of the local community.

ouse to house visits should be initiated for all newly weds, to welcome them to join the Introze Procession. In this way we are creating a feeling of inclusiveness for the newly wed couple as members of the village family. In East Indian customs the newly weds get a lot of respect at villages festivals like San Jao which is also called Jaavaycha Sann and also the Introze festival. The newly wed couple is also given importance during Catholic celebrations like Christmas, Easter and the parish feast. Taking the newly wed couple in procession with the satir accompanied by the brass band is a perfect way to welcome them to the Village family.

Inique themes can make the Introze celebration more impactful without forgetting the East Indian Community connect. The Lugra theme seems to get very popular at all community celebrations which is surely a great sign. Creating a fusion of a theme with the East Indian connect is an ideal combination to ensure our culture revival is on the right path. As far as possible we should stick to the village based celebration organised by the local community groups or by the goth(family). A mega celebration by bigger groups could be organised a week prior but should be limited to just a few. The last week should be reserved for the local gaothan celebrations.

ance and Music plays an important role in the celebrations. We need to ensure that all music or a majority of it should be in the East Indian dialect. The brass band could be organised to give the celebration a perfect East Indian touch. Well known performers from the community could be invited but we need to also give importance to singers from our own Gaothan. A ghumat session should be slotted ideally after the sound time restrictions are over. A procession around the village with the brass band, fancy dress and people dancing should be included

Dinner should be the spotlight of the event. Only East Indian food specialty to be served. As per traditions the Mutton Khuddi was the main dish and the same should be included for sure. It possible the men should cook for the day but surely make all the necessary arrangements and decorations. Additionally, the men should serve the refreshments and dinner for all the local people. A great way it give our community women rest and also give an opportunity for them to celebrate and have fun. An East Indian dessert could be arranged too.

Introze needs to grow each year in every East Indian Community Village, in a Gaothan or Goth(family level). MGP had launched its Revival Project last year titled, EIntroze 2025 wherein we plan to have around 50 Introze Celebrations in the traditional East Indian way. Our team has been informed to encourage more such festivities with an aim to recall festive memories of our ancestors. We are also looking at various other initiatives to help promote our traditional carnival celebrations, Introze. MGP appeals to all community members to do their bit in their respective villages by organising Introze and making it much bigger each passing year.



EAST INDIAN MASALA

EAST INDIAN COMMUNITY

The Unique Mix for your Family

MGP MAI BOLI CONTEST # 11

For School and College students Only

There are 8 East Indian words related to the Introze feast hidden in this Crossword. Find them and send them to us at eastindianvoice@gmail.com by 15th March 2024.

One lucky prize winner will win an Amazon Gift voucher of Rs.500/-

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Crossword by Amarylisa Gonsalves - Juhu

PAN CAKES

Ingredient

½ Kg Refined Flour4½ Cup Milk1 Tsp Salt4 EggsMix the batter well and keep asideColours as per your choice

Fillings

2 Coconuts Grated ¼ Cup Cashews / Raisins 100 Gms Mawa 1 Tsp Vanilla or Rose Essence ½ Cup Rose Water 1¼ Cup Sugar

Method

Take a vessel and add the above grated coconut, sugar rose water and cook till done. Once coconut is cooked add the dry fruits, essence, stir well.

Heat the non stick pan add little oil and wipe it out with a tissue paper. Take spoonful of batter make a pancake and at the same time put the filling and roll it as shown in the pic first fold from both ends and then roll. Repeat this process till you are done with the entire batter.





Recipe by Sybil Rodrigues, Kalina

GAOTHAN VOICE - ADVERTISEMENT RATES

Advertisement Type	Single Issue	3 Months (Adv. rate per issue)	6 Months (Adv. rate per issue)	12 Months (Adv. rate per issue)	
	₹	₹	₹	₹	
Outside Cover	12000	34200 (11400)	64800 (10800)	115200 (9600)	
Full Page	6000	17100 (5700)	32400 (5400)	57600 (4800)	
Half Page	3500	9975 (3325)	18900 (3150)	33600 (2800)	
Strip Ads	2000	8700 (1900)	10800 (1800)	19200 (1600)	
Inside Box	600	1710 (570)	3240 (540)	5760 (480)	
Classifieds	200	570 (190)	1080 (180)	1920 (160)	

For bookings or more details contact 9820087771/9930229742



GAOTHAN ADS VILLA

The Village Advertisement Space

GAOTHAN VOICE FAMILY

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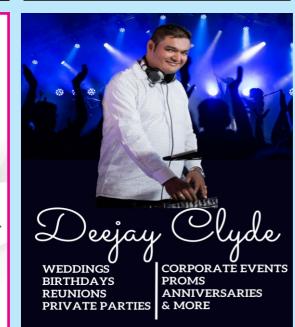
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GAOTHAN VOICE: FEBRUARY 2024

AN APPEAL

Mobai Gaothan Panchayat (MGP) is happy to announce its initiative in building the first religious structure in the Diocese of Mumbai dedicated to our East Indian Native and Patron Saint..

ST. GONSALO GARCIA CHAPEL Aaplaa GAAV! Aapla Devool!

Proposed site Mumbai City, Mumbai Suburb, Dharavi Beth, Thane & Raigad.

Highlights

- *The First Religious structure in Bombay Archdiocese to be dedicated to our Native Saint.
- *The Chapel is likely to be inaugurated in the year 2023.
- *We look forward for Support from Experts (Designers, architects, Sculptors, fabricators, etc) in building this Chapel.
- *Contributions by Cheque or in kind are welcome.
- *We plan to get relics from Japan and promote pilgrimage to Nagasaki.
- *Well known Altar designers to be a part of the project interiors.
- *The boat on which the Chapel will be built will be made by a well-known boat maker.

Bank details:

Account Name: ST GONSALO GARCIA CHAPEL Bank Name: Bassein Catholic Coop Bank, Kalina Branch

Account type: Savings A/C No: 032100100000792 IFSC Code: BACB0000032

Cheques favouring
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